

ANNUAL
WATER
QUALITY
REPORT

Water testing performed in 2008



BRUNSWICK & TOPSHAM
WATER DISTRICT

ID#: 0090260

Meeting the Challenge

We are once again proud to present to you our annual water quality report. This edition covers all testing completed from January 1 through December 31, 2008. Over the years, we have dedicated ourselves to producing drinking water that meets all state and federal drinking water standards. We continually strive to adopt new and better methods for delivering the best quality drinking water to you. As new challenges to drinking water safety emerge, we remain vigilant in meeting the challenges of source water protection, water conservation, and community education while continuing to serve the needs of all our water users.

Please share with us your thoughts about the information in this report. After all, well-informed customers are our best allies.

Important Health Information

Some people may be more vulnerable to contaminants in drinking water than the general population. Immunocompromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants may be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. The U.S. EPA/CDC (Centers for Disease Control and Prevention) guidelines on appropriate means to lessen the risk of infection by *Cryptosporidium* and other microbial contaminants are available from the Safe Drinking Water Hotline at (800) 426-4791.

Community Participation

We want our valued customers to be informed about their utility. Feel free to attend our monthly Board meetings held on the second Monday of each month at 5:30 p.m. at our office located at 266 River Road in Topsham. We have also updated our website; please visit it at www.btwater.org.

Substances That Could Be in Water

To ensure that tap water is safe to drink, the U.S. EPA prescribes regulations limiting the amount of certain contaminants in water provided by public water systems. U.S. Food and Drug Administration regulations establish limits for contaminants in bottled water, which must provide the same protection for public health. Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of these contaminants does not necessarily indicate that the water poses a health risk.

The sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it dissolves naturally occurring minerals, in some cases radioactive material, and substances resulting from the presence of animals or from human activity. Substances that may be present in source water include:

Microbial Contaminants, such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations, or wildlife;

Inorganic Contaminants, such as salts and metals, which can be naturally occurring or may result from urban stormwater runoff, industrial or domestic wastewater discharges, oil and gas production, mining, or farming;

Pesticides and Herbicides, which may come from a variety of sources such as agriculture, urban stormwater runoff, and residential uses;

Organic Chemical Contaminants, including synthetic and volatile organic chemicals, which are by-products of industrial processes and petroleum production, and may also come from gas stations, urban stormwater runoff, and septic systems;

Radioactive Contaminants, which can be naturally occurring or may be the result of oil and gas production and mining activities.

For more information about contaminants and potential health effects, call the U.S. EPA's Safe Drinking Water Hotline at (800) 426-4791.

Where Does My Water Come From?

Our sources of supply are all groundwater taken from various wells, as follows:

- Jackson Station, Topsham: one 24-inch-diameter well, one 18-inch-diameter well
- Jordan Avenue Station, Brunswick: 138 2.5-inch-diameter wells
- Taylor Station, Brunswick: one 24-inch-diameter well, one 18-inch-diameter well, and one 12-inch-diameter well
- Williams Station, Brunswick: one 12-inch-diameter well

Our water distribution system includes approximately 115 miles of water main, three storage tanks, 6,800 services, and 800 private and public hydrants. In 2008 we delivered an average of approximately two million gallons of water per day to our customers.

How Is My Water Treated and Purified?

At all of our sources, we add sodium hypochlorite (chlorine) to protect against bacteriological contaminants and we add fluoride to promote dental health. We also add sodium-zinc polyphosphate to inhibit corrosion of the distribution system piping and to reduce lead and copper corrosion of internal plumbing systems. The water from the Jackson and Taylor wells is filtered to remove iron and manganese caused by erosion of natural deposits in the sand and gravel aquifer. The pH of the water from the Jordan Avenue well field is adjusted using aeration to reduce the corrosivity of the water.



Tap vs. Bottled

Thanks in part to aggressive marketing, the bottled water industry has successfully convinced us all that water purchased in bottles is a healthier alternative to tap water. However, according to a four-year study conducted by the Natural Resources Defense Council, bottled water is not necessarily cleaner or safer than most tap water. In fact, about 25 percent of bottled water is actually just bottled tap water (40 percent according to government estimates).

The Food and Drug Administration is responsible for regulating bottled water, but these rules allow for less rigorous testing and purity standards than those required by the U.S. EPA for community tap water. For instance, the high mineral content of some bottled waters makes them unsuitable for babies and young children. Further, the FDA completely exempts bottled water that's packaged and sold within the same state, which accounts for about 70 percent of all bottled water sold in the United States.

People spend 10,000 times more per gallon for bottled water than they typically do for tap water. If you get your recommended eight glasses a day from bottled water, you could spend up to \$1,400 annually. The same amount of tap water would cost about 56 cents. Even if you installed a filter device on your tap, your annual expenditure would be far less than what you'd pay for bottled water.

For a detailed discussion on the NRDC study results, check out their Web site at www.nrdc.org/water/drinking/bw/exesum.asp.



Questions?

If you have any questions or comments about this report or any other aspect of our operations, please contact Alan J. Frasier PE, General Manager, at (207) 729-9956 (phone), (207) 725-6470 (fax), or ajfrasier@btwater.org (email).

What's a Cross-connection?

Cross-connections that contaminate drinking water distribution lines are a major concern. A cross-connection is formed at any point where a drinking water line connects to equipment (boilers), systems containing chemicals (air conditioning systems, fire sprinkler systems, irrigation systems), or water sources of questionable quality. Cross-connection contamination can occur when the pressure in the equipment or system is greater than the pressure inside the drinking water line (backpressure). Contamination can also occur when the pressure in the drinking water line drops due to fairly routine occurrences (main breaks, heavy water demand) causing contaminants to be sucked out from the equipment and into the drinking water line (backsiphonage).

Outside water taps and garden hoses tend to be the most common sources of cross-connection contamination at home. The garden hose creates a hazard when submerged in a swimming pool or when attached to a chemical sprayer for weed killing. Garden hoses that are left lying on the ground may be contaminated by fertilizers, cesspools, or garden chemicals. Improperly installed valves in your toilet could also be a source of cross-connection contamination.

Community water supplies are continuously jeopardized by cross-connections unless appropriate valves, known as backflow prevention devices, are installed and maintained. We have surveyed all industrial, commercial, and institutional facilities in the service area to make sure that all potential cross-connections are identified and eliminated or protected by a backflow preventer. We submit an annual report to the state detailing our program, including inspections and tests performed for the year.

For more information, feel free to contact the Brunswick and Topsham Water District.

SWAP

In 1996, amendments to the Federal Safe Drinking Water Act (SDWA) required each state to complete assessments for each public water supply source. The assessments identify and describe conditions that may threaten the quality of water available to consumers. These assessments are the focus of Maine's Source Water Assessment Program (SWAP). The State of Maine Drinking Water Program (DWP) completed its SWAP report for the Brunswick and Topsham Water District in 2003. The report was sent to municipal officials in Brunswick and Topsham. The report can be viewed by contacting the Brunswick and Topsham Water District.

The responsibility for protecting public water supply sources from contamination falls largely to the public water suppliers. But the municipal officials, not water suppliers, make land-use decisions. This means that protection of public water supplies requires a partnership between water suppliers, state and federal regulators, local landowners, and municipalities.

Categories of risk evaluation for public water sources include well type and site geology; existing and future risk of acute contamination; and existing and future risk of chronic contamination. The following is a summary of the assessment provided by the DWP. If you have any questions or comments, feel free to contact the Brunswick and Topsham Water District.

The DWP has assessed the risk of all our water sources, based on type and geology, to be at the moderate level. The only practical means of reducing the risk is through replacement of the source. Acute contaminants, such as pathogens, nitrates, and nitrites, are those that can make people sick immediately after being consumed. The DWP has assessed all of our sources to have low risk for existing and future acute contamination. Chronic contaminants are those that pose a health risk if consumed over many years. The DWP has assessed our sources to have, on average, moderate risk for existing and future chronic contamination.

Variances, Exemptions, and Waivers

In 2008, the Brunswick and Topsham Water District applied for and was granted a full three-year waiver for water testing for certain synthetic organic compounds (SOC) at both the Jackson and Taylor treatment facilities; the Jordan treatment facility was required to test for all regulated SOCs. This is an exemption from doing tests for insecticides, herbicides, fungicides, and certain other industrial chemicals that are regulated in drinking water. The State of Maine Drinking Water Program grants a waiver only upon determining, on a case by case basis, that “it will not result in an unreasonable health risk.” For any water tests that are not waived, the District is required to report contaminants that were detected in our water supply in this CCR.



Radon

The highest radon level for our system was 587 picocuries per liter (pCi/L), taken in December of 2004. Radon is found in soil and bedrock formations and is a water soluble, gaseous by-product of uranium decay. Most radon is released to the air moments after turning on the tap. Only about one percent to two percent of the radon in the air comes from drinking water. The State of Maine currently recommends follow-up action (or treatment) for radon levels in drinking water above 20,000 pCi/L. Breathing radon released to air from tap water increases the risk of lung cancer over the course of your lifetime. If you wish to seek more information about radon, please call (800) SOS-RADON or contact the State Drinking Water Program and request a Radon Fact Sheet.

Lead and Drinking Water

If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. The Brunswick and Topsham Water District is responsible for providing high-quality drinking water but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline or at www.epa.gov/safewater/lead.



What's in My Water?

The Brunswick and Topsham Water District routinely monitors for contaminants in your drinking water according to Federal and State laws.

The following table shows any detection resulting from our monitoring for the period of January 1 to December 31, 2008. Regulated contaminants that were below detectable levels are not shown. If no tests were required for a given contaminant in 2008, the law requires that the most recent test results be included here. Test results that are more than five years old are not allowed.

REGULATED SUBSTANCES							
SUBSTANCE (UNIT OF MEASURE)	YEAR SAMPLED	MCL [MRDL]	MCLG [MRDLG]	AMOUNT DETECTED	RANGE LOW-HIGH	VIOLATION	TYPICAL SOURCE
Alpha Emitters ¹ (pCi/L)	2006	15	0	1.45	NA	No	Erosion of natural deposits
Arsenic ² (ppb)	2008	10	0	5	NA	No	Erosion of natural deposits; Runoff from orchards; Runoff from glass and electronics production wastes
Barium (ppm)	2008	2	2	0.006	NA	No	Discharge of drilling wastes; Discharge from metal refineries; Erosion of natural deposits
Chlorine (ppm)	2008	[4]	[4]	0.68	0.43–0.98	No	By-product of drinking water chlorination
Chromium (ppb)	2008	100	100	2.2	NA	No	Discharge from steel and pulp mills; Erosion of natural deposits
Fluoride ³ (ppm)	2008	4	4	1.31	NA	No	Erosion of natural deposits; Water additive which promotes strong teeth; Discharge from fertilizer and aluminum factories
Haloacetic Acids [HAA] ⁴ (ppb)	2008	60	NA	31.3	19–52	No	By-product of drinking water disinfection
Nitrate ⁵ (ppm)	2008	10	10	1.5	NA	No	Runoff from fertilizer use; Leaching from septic tanks, sewage; Erosion of natural deposits
Radon ⁶ (pCi/L)	2008	4,000	NA	548	NA	No	Naturally occurs in some drinking water sources
TTHMs [Total Trihalomethanes] ⁴ (ppb)	2008	80	NA	58.7	19.7–98.7	No	By-product of drinking water chlorination

Tap water samples were collected for lead and copper analyses from sample sites throughout the community⁷

SUBSTANCE (UNIT OF MEASURE)	YEAR SAMPLED	AL	MCLG	AMOUNT DETECTED (90TH% TILE)	SITES ABOVE AL/TOTAL SITES	VIOLATION	TYPICAL SOURCE
Copper (ppm)	2008	1.3	1.3	0.57	0/38	No	Corrosion of household plumbing systems; Erosion of natural deposits; Leaching from wood preservatives
Lead (ppb)	2008	15	0	1	0/38	No	Corrosion of household plumbing systems; Erosion of natural deposits

¹ Action level over 5 pCi/L requires testing for Radium. Action level over 15 pCi/L requires testing for Radon and Uranium.

² The U.S. EPA adopted the new MCL standard in October 2001. Water systems must meet this new standard by January 2006.

³ Fluoride levels must be maintained between 1–2 ppm, for those water systems that fluoridate the water.

⁴ Total Trihalomethanes and Haloacetic Acids (TTHM and HAA5) are formed as a by-product of drinking water chlorination. This chemical reaction occurs when chlorine combines with naturally occurring organic matter in water.

⁵ Nitrate in drinking water at levels above 10 ppm is a health risk for infants of less than six months of age. High nitrate levels in drinking water can cause blue baby syndrome. Nitrate levels may rise quickly for short periods of time because of rainfall or agricultural activity. If you are caring for an infant you should ask advice from your health provider.

⁶ The State of Maine adopted a Maximum Exposure Guideline (MEG) for Radon in drinking water at 4000 pCi/L, effective 1/1/2007. If Radon exceeds the MEG in water, treatment is recommended. It is also advisable to test indoor air for Radon. The U.S. EPA is proposing setting federal standards for Radon in public drinking water.

⁷ Action levels (AL) are measured at consumer's tap. Ninety percent of the tests must be equal to or below the action level.

Definitions

AL (Action Level): The concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow.

MCL (Maximum Contaminant Level): The highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.

MCLG (Maximum Contaminant Level Goal): The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

MRDL (Maximum Residual Disinfectant Level): The highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.

MRDLG (Maximum Residual Disinfectant Level Goal): The level of a drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contaminants.

NA: Not applicable.

pCi/L (picocuries per liter): A measure of radioactivity.

ppb (parts per billion): One part substance per billion parts water (or micrograms per liter).

ppm (parts per million): One part substance per million parts water (or milligrams per liter).